



ST. TERESA'S CATHOLIC PRIMARY SCHOOL

OCTOBER 2026



St Teresa's School Mission Statement

We see the light of Jesus in the eyes of those we work, play and pray with every day. We give thanks to God for our wonderful family. Like St Teresa, we always try to do the little things well.

Dear Parents,

What a wonderful start to the school year we have had. Thank you for your supportive and appreciative comments regarding all we do here at St. Teresa's School. This half term is flying by so a quick update: -

Catholic Life of the School

We celebrated the start of the new school year with a wonderful Mass led by our Year 6 pupils. Our next school Mass will take place on Thursday 3rd December at 9.30am in church, years 2 to 6 pupils will be attending, all parents and carers are welcome to join us. This is a wonderful event to start our Advent journey.



Little Way Week



A huge thank you to all the children who brought a yellow rose into school to celebrate the Feast Day of St Teresa. It was lovely to see so many families and members of the parish joining us for our celebration. The church looked beautiful decorated in the yellow flowers supplied by our pupils. Thank you to Canon Stanley and Year 5 for leading us in our Mass.

This took place during our 'Little Way Week', all the pupils learnt a little bit more about our school patron saint and her determination 'to do the little things well'

The Rosary

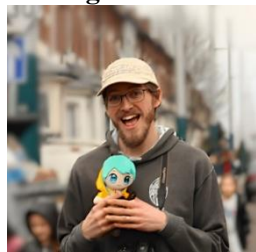
As we enter the month of October, it might be timely to remind ourselves that this month is dedicated to Our Lady of the Rosary. This wonderful prayer has been one of the distinctive parts of Catholic devotion for centuries. Our chaplaincy team warmly invites pupils from all year groups to join our lunchtime Rosary Club, offering an opportunity to pray the rosary together supported by our lay chaplain, Tim. Pupils are welcome to bring their own rosary beads into school to support them in their prayers.



Wednesday Word

For parents and carers new to St Teresa's, the Wednesday Word is a leaflet that can be viewed online or printed off at home to help us focus a little more on the forthcoming Sunday Gospel. The link is sent to parents via the Arbor parent app every Wednesday. Please take some time with your children to maybe complete one of the fun activities and to share the readings and prayers together as a family.

Message from our school Chaplain



Hello! I'm Tim, the Lay Chaplain at St Teresa's. I also work at The Trinity Catholic School and other schools in the Catherine McAuley Hub.

Every Tuesday afternoon, I help pupils plan and lead a Celebration of the Word, a time for prayer and reflection linked to our weekly faith theme.

I love helping children grow in faith. At our after-school Chaplaincy Team club, we're working towards the Faith in Action Pin Award, exploring how we can show God's love by helping others.

Head boy and Girl

Congratulations to our new Head Boy and new Head Girl.

After receiving so many fantastic letters for the positions of Head Boy and Head Girl, the Year 6 Team have come to their decision. We would like to congratulate the following pupils:

Head Girl – Olivia. Head Boy – Jan. Deputy Head Girls – True, Victoria and Raziel.

Deputy Head Boy – Chimdindu, Ruben and Tomasz.

We know they will represent St Teresa's with pride and continue to be outstanding role models.



Rockstars Day

A huge thank you to all our pupils and their families who supported our recent fundraising event, 'Rockstars Day'. We saw some amazing outfits, and we thank parents and carers for all their effort with their child's costumes. I am pleased to announce that we raised a total of £218 that will be donated to Emmanuel House. Thank you, as always, for your ongoing support.

Boys Football Team

The boys football team have been competing this half term and are currently undefeated in the league, we now look forward to playing in the cup and our next round of fixtures in the Spring. This is an amazing achievement, well done to all the children involved.



Briars Residential

Between the 16th to 18th September, Year 6 became 'Agents of Love' at The Briars.

This special trip offered a fantastic opportunity for the children to step away from the classroom, strengthen their friendships, and grow closer to God.

Throughout the retreat, the children focused on three key spiritual themes:

- Living the Virtues Daily: Discovering how small, daily habits of kindness and charity help us share God's love with those around us.
- Gifts and Talents: Reflecting on personal journeys to recognise unique, God-given talents and see how God is actively working in our lives.
- Putting Social Justice into Action: By empowering the children to tackle injustices, they were reminded that they are the "now of God" and can make a real difference today.

The children represented our school beautifully, and we are incredibly proud of how they engaged with the sessions.



Perlethorpe Education Centre

Year 4 had a brilliant day at Perlethorpe Education Centre, getting out into the great outdoors and becoming real-life scientists! The children conducted a river study, exploring the river and investigating the fascinating wildlife living within it. They also enjoyed a forest mini-beast hunt, searching carefully for a variety of

creatures.

The children then had the opportunity to identify and classify both forest and river invertebrates, putting their scientific knowledge and observation skills to the test.

It was a fantastic day of hands-on learning, teamwork and exploration – and those spare socks were definitely needed after our time in the river! What an adventure!



Future Events

Choral Speaking

We teach choral Speaking to improve confidence, vocabulary, speaking skills and to develop a love of literature. To share the work that the children do we would like to invite you to Our Choral Speaking event which will be held on the dates below in school.

EYFS & Year 1	Tuesday 13 th October	9.15am
Year 2 & Year 3	Wednesday 14 th October	9.15am
Year 4	Thursday 15 th October	9.15am
Year 5 & 6	Friday 16 th October	9.15am

Children in Need

On Friday 13th November we are taking part in the RunPudsey 2026 challenge. Children will need to wear sports clothing to school and bring in a £1 donation for Children in Need. Thank you, in advance, for your support with our fundraising.



Anti-Bullying Week

This will take place from Monday 16th to Friday 20th November and has the theme 'Break the Silence'. The week will kick off with Odd Socks Day on Monday 16th November, where adults and children wear odd socks to celebrate what makes us all unique.

Grandparents Day



We would like to invite our Year 2 Grandparents into school on Wednesday 18th November at 9.00am to 10.30am, this will be an opportunity for Grandparents to take part in lessons and activities throughout the morning and to experience a morning at St. Teresa's School. All Year 2 Grandparents welcome.

Height & Weight Checks

The school nursing team will be visiting school on Monday 23rd November to conduct a routine height and weight check for pupils in Foundation (EYFS) and Year 6. If you have a child in EYFS or Year 6 and you **DO NOT** want them to be included in the height & weight checks, please ensure you inform the school office by 9.00am on Friday 20th November or via the link that was in the letter sent last week. Please note this only applies to pupils in EYFS and Year 6 – no other pupils will be included.

Christmas Assemblies

Last year some parents expressed their disappointment that not all year groups would be performing a Christmas play. We made this change for several reasons.

Firstly, we have a much-reduced staffing structure, especially regarding the number of Teaching Assistants we have working in school.

We felt that we wanted to prioritise EYFS, Year 1 and Year 2 to continue performing the traditional Christmas nativity as it is far more age appropriate. These children are at an ideal age for dressing up as shepherds, angels and sheep and delivering simple lines and songs.

Years 3, 4 and 5 now perform the more challenging Easter story. This demonstrates the equal importance of this celebration within the liturgical year.

Year 6 share an assembly/play in the summer term to celebrate the end of their time with us at St Teresa's school.

The Christmas plays will be performed at 9.15am in the school hall on the following days;

Day	Year Group
Wednesday 9 th December	EYFS (Butterflies and Busy Bees)
Tuesday 15 th December	Year 1
Wednesday 16 th December	Year 2

Secondary school applications

All Nottingham City letters have been sent home to Year 6 pupils, as have the Catholic Supplementary forms for Trinity (these need to be returned directly to Trinity). If you live in Nottinghamshire, you will have received your letter through the post or via email. The closing date for applications is 31st October 2026.

Admission to Infant/Primary Education

The admissions process for entry into Foundation September 2027 will begin in November. If your child will be 5 during the academic year September 2027 to August 2028 you will need to be making an application at this time. Please ensure you also complete a Supplementary Form with details of your faith and provide a copy of your child's Baptism Certificate. The closing date for all applications is **15th January 2027**. Any applications submitted after this date will be classed as late. This could mean your child may not get a place.

St Teresa's will be open for prospective families to visit and have a look around the school before they submit their application. This will be on Thursday 26th November and Thursday 7th January, both days will be between 9.30am until 11.00am by appointment only. Please call the school office on 0115 9155762 to book your place.

Pupil Allergies

At St Teresa's school, the safety and wellbeing of all our pupils is a priority. As part of the updated guidance from the Department for Education and the introduction of Benedict's Law, all schools are strengthening the support they provide for pupils with allergies.

Please let us know if your child has an allergy (that we do not already know about) or a suspected allergy that they might be under investigation for. If a new allergy is diagnosed during the school year, please inform us immediately. If your child needs medication to deal with an allergic reaction, such as an epi-pen or antihistamine (Piriton), this needs to be in school everyday with the correct paperwork.

Nut-Free School

We would like to remind families that we are a nut-free school. Some children in our school have severe allergies, and even small traces of nuts can be extremely dangerous.

Please do not send any foods containing nuts into school. This includes:

- Peanut butter or nut-based spreads.
- Chocolate spread, as we are unable to know which ones contain nuts or hazelnuts.
- Chocolate-filled waffles, pancakes or similar products that contain chocolate spread.
- Nut-containing cereal bars.
- Treats such as Snickers, Reece's Cups, Kinder Bueno or any other products containing nuts

If you are unsure whether a product contains nuts, please check the packaging carefully before including it in your child's lunchbox. This does include products that state 'may contain nuts'

School Dinners

A reminder to parents that if you wish to change your child's lunch arrangements after October half-term you **MUST** inform the school office in writing, this can be done by sending an in-app message on Arbor. We have experienced on several occasions where the office is unaware that a child has changed from school lunches to sandwiches or vice-versa causing some parents to be charged or run up lunch bills incorrectly. In line with school policy, we ask that any child wishing to change to sandwiches gives the office a half term's notice. We would also like to remind parents, particularly Foundation, Year 1 and Year 2 that they must decide if their child is school dinners or sandwiches and not change from day to day. Food needs to be ordered and prepared in advance, so we need commitment from parents for this to run efficiently. Many thanks for your support.



Please be reminded that children in year 3 do not receive universal free school meals. School meals are charged at £2.70 per day, please ensure dinner accounts are always kept in credit by making payment on Arbor.

If your child brings a packed lunch to school, we encourage families to provide healthy a lunchbox and snacks that support children's learning and wellbeing. Please try to include:

- Sandwiches, wraps, pasta or another healthy main item.
- Fruit and vegetables.
- Yoghurt or other healthy snacks.
- Water or juice.

Please avoid sending sweets, chocolate or other high-sugar snacks. Please remember that fizzy drinks are not allowed.

Winter Weather

As the weather gets colder, please ensure your child has a suitable winter coat, scarf, gloves, etc. as learning takes place inside and outside. All children should now be wearing their winter uniforms. May I remind you that all uniform should be clearly marked with your child's name.

Should we need to close the school in the event of bad weather, please listen to local radio where timely updates will be given. www.bbc.co.uk/radionottingham



Uniform Reminder

At St Teresa's Primary school by specifying our [school uniform](#), we aim for straightforward and traditional styles to maintain consistency and avoid trends. It must be implemented universally and without exception. Our parents understand this and support us at home to uphold the school's high standards.

School policy on shoes.

Slip on shoes and fashion shoes are unsafe and are **NOT** part of our school uniform.

Black trainers and boots are **NOT** acceptable types of footwear to wear to school.

School Uniform is compulsory and consists of:

Hairstyles

We ask that parents be reminded of the school's expectations regarding hairstyles in line with our Uniform Policy:

Hair should be one natural colour, no hair dye.

The style should be appropriate for school; hair should not obstruct pupils' vision.

Long hair must be tied back.

Boys' hair should be no shorter than **Grade 2**.

Tramlines, patterns and sculpting are not allowed

Coloured extensions and beads are not allowed. Braided hair must be also one colour.

Natural hair coloured extensions of a reasonable length need to be tied back.

If policy is not followed, parents will be contacted, and arrangements made for the pupil to stay in at play/lunchtime and not represent the school at any events or attend after school activities.

Please label all items of uniform

Please note – fashion bows are not allowed

Jewellery, particularly earrings are not allowed. Watches are allowed (but only simple analogue)

GIRLS

Winter

Brown skirt or brown pinafore dress

White blouse

School tie

Brown cardigan

White or black socks or brown tights

Black school shoes with laces or straps

NO branding visible



BOYS

All year round

Grey trousers – long or short

White shirt (no polo shirts)

School tie

Brown jumper (no sweatshirts)

Black or grey socks

Black school shoes with laces or straps

NO branding visible



This year there have been a growing number of toys and teddies that are attached to children's school bags. Some of these are going missing in school and causing upset for the children. Please to not attach things to your child bag. Thank you.

Lost Property

We have received lots of enquiries from parents regarding lost items of clothing, in particular jumpers and cardigans. Please make sure all items of clothing are named, we can then make sure any items found around the school can be returned to its owner. We will have a lost property table outside the school office next week so parents can look for any items that may belong to their child.

Please refrain from sending expensive/designer/logo items of clothing and accessories into school. We will not take responsibility for any items that go missing.



Don't forget to follow St Teresa's on Instagram to keep up to date with all the latest news, events and activities happening in school.

It's a great way to see what our pupils have been getting involved in and to stay informed about upcoming events and celebrations.

You can find us on Instagram: **@stteresas_ng8**

Congratulations to Miss Baker and her husband who are expecting their second baby in January. Miss Baker will start her maternity leave mid-January, further details will be given to her class nearer the time.

We break up for half-term on Friday 16th October and return to school on Monday 2nd November.

Yours sincerely,

A. Glynne-Jones and Mrs J Green
Headteacher(s)