



Prayer Progression at St Teresa's

Prayer is central to life at St Teresa's. Appropriate to their age and capacity, we strive to give pupils a detailed understanding of the wide variety of ways of praying that are part of the Catholic tradition, both traditional and spontaneous. This includes the use of scripture, symbol, silence, meditation, reflection and liturgical music. Below is a list of the prayers we introduce at each stage for the children to learn and know.

Reception	Key Stage One
Sign of the Cross Morning Prayer Lunchtime Prayer End of day Prayer Hail Mary	School Prayer Mission Statement Our Father Glory Be
Lower Key Stage Two	Upper Key Stage Two
Act of Contrition O Sacrament Most Holy Eternal Rest Angel of God St Richard of Chichester <u>Prayers at Mass:</u> The Gloria Lamb of God I Confess The Apostles' Creed	Angelus The Magnificat The Rosary Act of Faith/Hope/Love <u>Prayers at Mass:</u> Holy, Holy, Holy