



St Teresa's
Catholic Primary School

KS1 E-Safety Information

We believe that the key to developing safe and responsible behaviours Online Safety, not only for pupils but everyone within our school community, lies in effective education. We know that the internet and other technologies are embedded in our pupils' lives, not just in school but outside as well, and we believe we have a duty to help prepare our pupils to safely benefit from the opportunities the internet brings. With this in mind, we have created this information leaflet to summarise how you can support your child at home, to use the internet safely.

The link below contains guidance on how to ensure your parental control are in place on your home network. It includes guidance for the major internet providers.

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider>

The internet is an amazing resource which enables children and young people to connect, communicate and be creative in a number of different ways, on a range of devices. However, the internet is always changing, and being able to keep up to date with your children's use of technology can be a challenge. You may sometimes feel that your child has better technical skills than you do, however children and young people still need advice and protection when it comes to managing their lives online. Issues that your child may encounter on the internet will vary depending on their age and online activities. We have grouped potential online risks into these 4 categories.

- **Conduct:** Children need to be aware of the impact that their online activity can have on both themselves and other people
- **Content:** Some online content is not suitable for children and may be hurtful or harmful.
- **Contact:** It is important for children to realise that new friends made online may not be who they say they are and that they are not to share personal information.
- **Commercialism:** Young people's privacy and enjoyment online can sometimes be affected by advertising and marketing schemes

In school, to help make sure the children know and understand how to stay safe on-line, we use the SMART rule: Safe, Meet, Accepting, Reliable, Tell.

S SAFE Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.

M MEET Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

A ACCEPTING Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.

R RELIABLE You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.

T TELL Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or www.childline.org.uk

BE SMART WITH A HEART Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.

The link below contains six easy-to-follow videos to work through together with children aged 6-9 years old.

Each video has:

- simple, clear online safety advice specifically tailored for children aged 6-9 years old,
- 10-15 minutes of fun activities, games and discussion points,
- narration from an experienced member of the Childnet education team,
- optional follow-up activities to extend children's learning.

Please note: due to the format of this resource and to encourage meaningful discussion, we would strongly advise that children watch the video lessons together with an adult.

<https://www.childnet.com/resources/video-lessons>



Below is a link to a short E-safety video called 'E-Safety Tips for Parents: 6-10.' The interactive, stop motion animated video has useful advice and tips for parents of 6-10s, so that you can help them to stay safe online.

<https://www.youtube.com/watch?v=sz4EyUMUTro>

E-safety tips for parents:

Further information and resources:

Internet matters – provides on line videos and resources for parents, around the subject of e-safety.

<https://www.internetmatters.org/schools-esafety/primary/parent-support/>

UK Safer Internet Centre- provides a wealth of resources for all age groups, from videos, leaflets and help guides.

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/resources-parents-and-carers>

Think U Know – animated story, the key message throughout *Jessie and Friends* is that if a child is ever worried by anything online, they should tell a grown-up they trust, who will help them.

<https://www.thinkuknow.co.uk/parents/jessie-and-friends/>

CEOP – Child Exploitation and Online Protection command

<https://www.ceop.police.uk/safety-centre/>

Childnet – contains a range of resources, videos and posters.

<https://www.childnet.com/resources/be-smart-online>

