

Dear Parent/ Carer

We are holding our drop –in mornings

Every 3rd Wednesday of the month between 10.00 and 12.30

The mornings will provide opportunities for you to

-have a cup of coffee and meet other parents

-chat to workers from Health and Social Services and Autism East Midlands

-borrow items from the Information Service

TOPICS COMING UP

20th July 2016

Sensory Issues in Autism

Jenny Yates, Autism East Midlands
(paediatrician. social worker available)

August – no meeting

21st September 2016

Sleep difficulties

Emma Taylor, Contact a Family
(paediatrician. social worker available)

19th October 2016

Behaviour Difficulties

Matt Rooney
(paediatrician, social worker available)

16th November 2016

Sensory library and toys

Julie Stephens, Fountaindale School
(paediatrician, social worker available)

21st December 2016

Coffee morning

(paediatrician. social worker available)

For more info contact:-

CHILDREN'S CENTRE
CITY HOSPITAL CAMPUS
HUCKNALL ROAD
NOTTINGHAM
NG5 1PB

0115 8831156/57/58

infoservicescdc@nottshc.nhs.uk

For sessions with no speaker, fewer parents may attend, so there may be space in the (free) parking area through our barrier, but this is not guaranteed as **parking is extremely limited**.

For sessions with a speaker we ask people who are not bringing a child/don't have disabilities themselves, to park elsewhere on or off the campus, or to come by public transport if at all possible. The brown line buses from the city centre stop opposite entrance 2 on Hucknall Road and the Medilink bus stops on the campus near entrance 2. The Medilink connects with the tram at Wilkinson Street where there are Park and Ride facilities.

To reach us, enter the hospital site on entrance 1 on Hucknall Road (the entrance furthest from the ring road) and follow the signs to the Children's Centre

If you need childcare please contact us in advance so that we can check if staff are available.



Autistic Spectrum Drop-In Mornings at the Children's Centre



July to December
2016